

Ketamine Interest Group

Meeting Minutes

Thursday, Jul 16th, 2020 @ 2:00pm ET

Co-Chairs: Mark Niciu (Iowa), Adam Kaplin (JHMI)
Attendees: Jonathan Cole (Cincinnati), Bill Coryell (Iowa), Ray DePaulo (JHMI), Robert Meisner (McLean), Sagar Parikh (Michigan), Christopher Schneck (CUAnschutz), Benjamin Yudkoff (BWH), Peter Zandi (JHU)
Regrets: Paula Bolton (McLean)
NNDC: Diana Burnett

1. Calls will change over to Zoom for future conferences.
2. Site Ketamine Survey
 - a. Finalized with 6 site responses (post meeting note = 8)
 - b. Please continue to respond (1 reply from each institution)
 - c. The data will be reported to this forum (eg, ppt) and the virtual conference, perhaps even a letter to the editor and/or a journal.
 - d. Please fill out even if you do not have a ketamine/esketamine clinic.
 - e. Paper: preliminary ideas of how to advance ketamine psychiatry, if this comes out of the data
 - f. Responses due August 1st, so that data may be analyzed and presented ahead of the 1-2Oct20 NNDC Annual Conference.
3. Janssen home dosing of esketamine
 - a. JHU still exploring with Hopkins Home Nursing whether they can get paid for inhome work. (A. Kaplin)
 - b. McLean has no intentions to dose at home for these reasons (R. Meisner)
4. Intranasal esketamine
 - a. REMS: You must register your institutional setting. If you do not start administration of esketamine within a year, you must re-register. FYI
 - b. Register the location where drug will be shipped. Have your hospital DEA#, not your personal number handy, when registering. REMS will then use this number to identify you.
5. Journal of Affective Disorders has had several ketamine papers recently (~5) – no discussion
6. Press requests for commentary regarding the death of a gentleman who was overdosed by EMT using ketamine in the field (R. Meisner)
 - a. Should our group make a statement?

- b. This group is not primarily concerned with the use of ketamine for restraint, so an interview on the topic may be best deferred to another subspecialty that does focus in this area. The decision was made to refer the next request to anesthesiology and/or emergency medicine. There are others who are better situated to make a statement; NNDC will not make one.

7. Ketamine Queries

- a. What is the standard of care as add on therapy for patients who become agitated on ketamine? Benzodiazepines, Haldol, versed, other?
- b. Ketamine has anti-inflammatory characteristics; might it be useful in patients post COVID-19 for depression and for following inflammatory markers?

Next Meeting: Thursday, August 20th, 2020 @ 2pm ET